Completing Your Mycometrics ERMI Sample

In order to properly complete the ERMI test, you will need:
Instruction for collecting samples
A dry, unscented Swiffer cloth

Contact Mycometrics for the following forms:
Sample analysis payment form
Chain-of-Custody (COC) form

Warning: Since Mycometrics are not supplying the cloth, the risk is on your end if you use a contaminated cloth for sample collection. Please purchase a box of the "dry unscented Swiffer sweeper", a pair of rubber gloves and a box of Ziploc bag. The moment you open the box of Swiffer sweeper, bag each cloth into an individual Ziploc bag so you can minimize contamination and use those for future sample collection. Please only use one cloth per test, otherwise there will be additional charge for each additional cloth.

Please send the filled-out COC form and signed Sample Analysis Payment form ($285 per ERMI / $150 per HERTSMI) along with your sampled Swiffer cloth (sealed in a Ziploc bag) back to us at:

Mycometrics
9 Deer Park Dr, Suite K-18
Monmouth Junction, NJ 08852

Please understand that since only 5 species are detected in the HERTSMI analysis as compared to ERMI, which detects for 36 fungal species, we will be unable to answer any questions in regard to the report. Please go to your physician or refer to our website https://www.mycometrics.com/hertsmi.html for the calculation of the HERTSMI-2 score.

If you have any questions or concerns please call Mycometrics at 732-355-9018 or email quest@mycometrics.com.

Mycometrics, LLC.
9 Deer Park Dr. Suite K-18
Monmouth Junction, NJ 08852

Tel: 732-355-9018 • Fax: 732-658-5185 • Email: quest@mycometrics.com • URL: www.mycometrics.com

Instructions for Collecting Dust by AccuCloth™

AccuCloth dust collection was first developed by Mycometrics. The AccuCloth™ is one of the most effective dust collecting cloths on the market. It provides an alternative way to collect dust for mold-specific quantitative PCR (qPCR). Use AccuCloth™ to take dust samples where the standard vacuuming procedure cannot be used, such as wood and linoleum floors.

For a **comprehensive** mold history, please read & follow the directions below:

1. Before starting the process, identify the surfaces/areas covered with visible dust. Try to **avoid areas where you see visible mold(s) growth**, as this will bias the result to show particular mold species instead of a general overview.

   The following areas can be sampled:

   - Wood and tile floors.
   - Surfaces of tables, chairs, bookshelves, cabinets, refrigerator etc.
   - On the top of the door, cubical divider, blackboard, door-frames, window-frames and the top surfaces of fluorescent lights.
   - On top of electronic devices such as monitor screens, printers, computers and telephones.
   - Window sills, upper walls, and other untouched areas above the floor.
   - Surfaces of air vent grilles or inside air vents.
   - Do not use AccuCloth on rugs and carpets.

RMI Instructions:
ERMI per level

lay need multiple per level for gher square footage homes

ollect 8-10 samples on cloth - 2 per room)

on't wipe back and forth (one wipe)

2. **Please wear clean gloves** before handling the wiping cloths. Take an AccuCloth out of its plastic bag and rub it on the selected surface(s) to be tested. For multiple surface areas, hold the cloth and rub the first area. The dust should be visible on the cloth. Move to next selected area and rub the dusty surface onto the next clean area of the cloth, and so on. ***Combining basement, garage, or crawl space dusts with upstairs living space samples are strongly discouraged.*** Please collect enough dust samples so that we can see it and retrieve the dust from it (ie. Dark spots covering at least 50% of the cloth).

3. Fold up the cloth and reseal it in its plastic bag. Write your name/information on the bag with a permanent marker.

4. Make a note of the sampled areas & fill in all the necessary information on the Chain-Of-Custody (COC) form.

5. Send the sample, the completed COC form, and the payment form (check or credit card) back to Mycometrics for testing.

   ***Note:* The samples you want in one analysis should be on one cloth.** If you want (for example) three analyses, then the dust for each analysis should be on three different cloths. Each cloth should be sealed in a separate plastic bag. Please note that the price increases as the number of analyses increases.

AccuCloth™
Sample Collecting Process

(1) Identify the surfaces/areas

↓

(2) Wear clean gloves!!!

↓

(2) Take out Cloth* & WIPE

↓

(3) Fold Cloth & Bag it (Label the bag)

↓

(4) Fill the Chain-Of-Custody form

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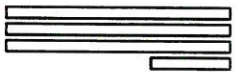

(5) Mail back to Mycometrics

9 Deer Park Dr. Suite K-18
Monmouth Junction, NJ 08852

- Enclose check or credit card information.

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